THE SPA
DUBAI POLO & EQUESTRIAN CLUB

SPA TREATMENT

Discover a unique wellness escape at the Dubai Polo & Equestrian Club, where tranquillity meets tradition in the most luxurious setting. Let your senses come alive and your energy be restored with a curated selection of indulgent treatments designed to elevate both body and soul.

Rooted in the legendary healing powers of Hungary's thermal waters, Omorovicza fuses centuries-old spa heritage with cutting-edge skincare science. Infused with the brand's patented Healing Concentrate™, every treatment delivers instant, visible results—nourishing, firming, and renewing the skin without irritation.

Expect nothing less than excellence. From the tools we use to the rituals we follow, every detail is tailored to give you not just aesthetic results, but a full-on urban spa wellness experience. Whether you're seeking radiance, relaxation, or a full reset—our therapies blend global traditions with modern innovation to meet your skin's every need.

FACIAL TREATMENT

Blue Diamond Fitness (75 mins) **AED 700**
Energise | Firms | Rejuvenate

A premium anti-ageing, firming, and brightening treatment helps to revitalise dull, lacklustre skin. It firms and energises, using gentle enzyme exfoliation. This facial includes a cooling eye treatment and restores skin firmness, essential to the youthful behavior of skin cells. The traditional Hungarian facial massage will accelerate the oxygenation of the skin to re-energise and lift.

Gold Hydra lifting (60/75 mins) **AED 600/700**
Repairs | Re-densify | Strengthen

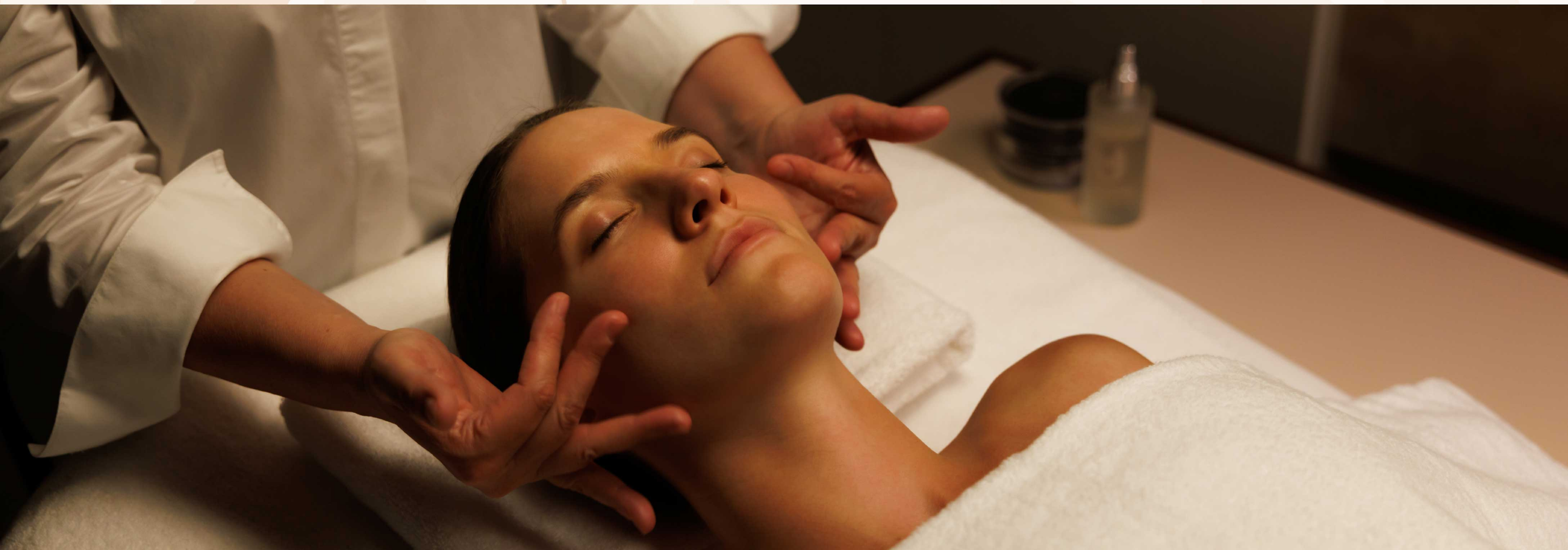
A luxurious, skin-strengthening ritual that deeply hydrates and revitalizes. The treatment begins with Omorovicza' s Hungarian Moor Mud to cleanse, exfoliate, and gently peel. A rose-scented gold mask follows, delivering triple-weight hyaluronic acid to plump, soothe, and nourish, while colloidal gold works to repair micro-damage and boost resilience. A traditional Hungarian facial massage lifts and firms, finishing with a touch of Gold Shimmer Oil on the arms and décolleté for a radiant glow.

The Moor Mud (75 mins) **AED 600**
Detoxifies | mattify | Balance

Detoxify, nourish, and rebalance with this mineral-rich facial powered by Hungarian Moor mud, sourced from Lake Héviz. Packed with postbiotics, fulvic and humic acids, this treatment works in harmony with your skin's microbiome to decongest pores, refine texture, and deeply hydrate. Ideal for oily or combination skin and those targeting enlarged pores, it leaves skin feeling purified, smooth, and renewed.

Queen Skin (60 mins) **AED 545**
Soothing | Calming | Radiance

The ultimate rescue for sensitive, dry, or reactive skin. This deeply restorative treatment features Omorovicza's Queen Oil to rebuild, re-plump, and strengthen the skin. Infused with calming calendula, linseed, and borage oils, it soothes irritation, restores hydration, and supports barrier repair—leaving your skin calm, comforted, and protected with an antioxidant shield.



FACIAL TREATMENT

The Hydra Mineral (60 mins) AED 545

Hydrates | Brightens | Illuminate

The ultimate prescription for dull or lacklustre skin, especially ideal as a post-travel treatment, during the winter or for those concerned with hyper-pigmentation. Instant results come via a copper peel, which reveals a renewed and radiant layer of skin. Vitamin C is paired with calcium-containing The Healing Concentrate™ to maximise its illuminating benefits. Omorovicza's Facial Massage stimulates cell renewal and collagen production and has an instantly lifting and firming effect.

The Express Facial (30 mins) AED 330

Radiance | Invigorates | Hydrates

An active and energising solutions facial for busy schedules. A fast and effective facial, delivering an invigoration variation of our specialist Omorovicza Facial Massage to lift, sculp, and stimulate drainage. Skin is nourished via the clinically proven and patented Healing Concentrate™, with its regenerating, firming, and anti-inflammatory power. An ideal to discover Omorovicza or for when time is at a premium.

BODY MASSAGE

Swedish Massage (60/80 mins) AED 515/745

A combination of medium pressure and specific movements for each area of the body. With a concentration on the major muscle groups, it relieves tension and improves skin firmness and elasticity.

Aromatherapy (60/80 mins) AED 515/745

Aromatherapy is one of the most effective ways to relax and balance your inner self. It helps to clear your mind and make space for new ideas and positive thoughts. Aromatherapy is an amazing combination of essential oils and relaxing massage. It helps eliminate anxiety to reach a state of peace and balance.

Deep Tissue Massage (60/80 mins) AED 515/745

This massage helps eliminating the excess lactic acid and to regenerate tired and tight muscles, with an emphasis on leg and back areas. Combine with strong pressure is an invigorating stretching to help loosen tightened muscle and improves flexibility.

Balinese Massage (60/80 mins) AED 515/745

This holistic massage uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood, oxygen and energy around your body, to bring a sense of calm and deep relaxation.

BODY MASSAGE

Hot Stone Massage (90 mins) AED 750

While all types of massage can help relieve pain caused by tense muscles, hot stone massage may provide greater relief if muscles are extremely tight or stiff. The heated stones provide the extra relaxation you need in releasing tension and easing sore muscles.

Reflexology Therapy (30 mins) AED 330

Relax massage while laying down as we apply pressure in reflex points of the feet, which helps to stimulate corresponding to different body organs and systems and promote a healing effect throughout the body.

De-Stress Back Massage (30/60 mins) AED 330/515

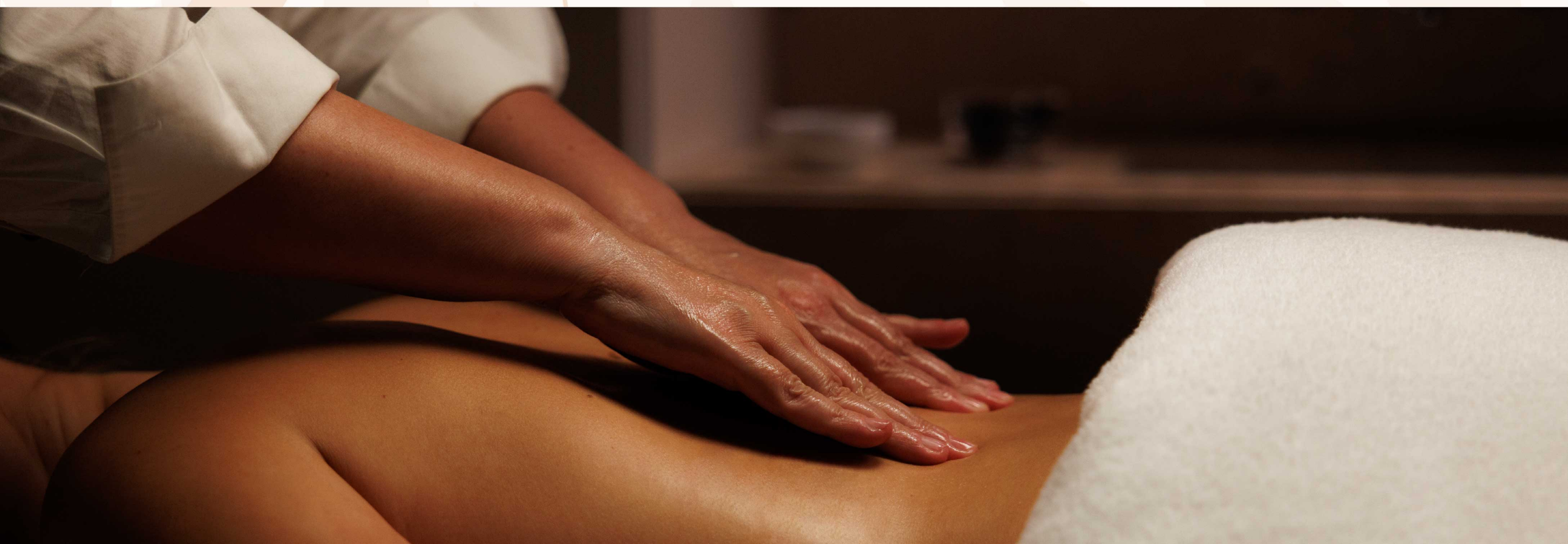
Back massage effectively relieves pain as well as increases range of movement, breaks down scar tissue and maintains healthy muscles.

Head & Scalp Massage (30mins) AED 330

A delightful addition, this enchanting add on begins with acupressure, which releases fatigue, stress and tension from neck and head whilst at the same time nourishing the hair with vital minerals and oils. A refreshing menthol and moor mud mask application on the scalp, is followed by a neck and shoulder massage.

Foot & Ankle Massage (30mins) AED 330

Helps relieve stress and stimulate circulation with this foot and ankle treatment.



BODY TREATMENTS

Hungarian Body Ritual (90 mins) AED 750

Exfoliates | Detoxifies | Relax

Bespoke Omorovicza treatment combining Moor mud scrub, detoxifying Moor mud wrap, soothing head and scalp treatment, and ends with Signature Hungarian body massage.

Classic Hungarian Mud Wrap (30 mins) AED 330

Detoxifies | Regenerates | Hydrates

Capturing the essential nature of the mineral-rich Hungarian Moor Mud from Lake Hévíz, this treatment is designed to allow you to experience its curative, healing properties, and transformative effects.

Moor Scrub (30 mins) AED 330

Exfoliates | Softens | Renews

This aromatherapy purifying and detoxifying treatment starts with a vigorous but effective exfoliation of the whole body, using sea salt, Hungarian moor mud with curative properties and capsicum peptide. This refines the skin texture and leaves it radiant and soft.

SPA ETIQUETTES

SCHEDULING AN APPOINTMENT
Contact The Spa Reception for guidance in booking the right treatment for you. To ensure your preferred time, we recommend booking in advance.

WHEN TO ARRIVE
Kindly arrive at least 30 minutes before your appointment to enjoy the serenity of The Spa. Please be advised that late arrivals may result in a reduction of your treatment time.

OPENING HOURS
Open daily from 9 AM to 9 PM. Services and facilities are for the use of guests 16 years of age and above.

DIGITAL DETOX
Please respect all spa guests' right to privacy and serenity. The Spa is a mobile and smokefree zone. Please ensure mobile phones are switched off or on silent mode. The Spa will provide towels, slippers, and all other amenities required.

PREGNANCY
To ensure the wellbeing of our guests and in accordance with our Club's Health and Safety Policy, only head & scalp massage and facial treatments are offered to pregnant guests.

GIFT VOUCHERS
Treat someone special with the gift of relaxation. The Spa gift vouchers are available for all treatments and make the perfect present for any occasion.

Please note the following terms:
- Gift vouchers are non-refundable, non-transferable, and non-extendable.
- Vouchers must be presented at the time of redemption.
- Standard validity is 6 months from the date of issue.
- For promotional treatments, voucher validity will match the spa promotion period.

PERSONAL VALUABLES
Lockers are provided for your personal belongings. For your safety and peace of mind, we kindly recommend storing any jewelry in your locker before your treatment. Alternatively, a jewelry box is available in the treatment room should you prefer to keep your items close by.

CANCELLATION POLICY
Please notify The Spa at least 12 hours in advance for any cancellations or rescheduling of your appointment. While no advance payment or credit card details are required at the time of booking, late cancellations or no-shows may impact your ability to book future appointments, particularly during peak hours. We appreciate your understanding and cooperation in helping us provide a smooth and respectful experience for all our guests.

For reservations
Tel: +971 4 362 7892
Email: thespa@poloclubdubai.com

All prices are quoted in UAE Dirhams and include 5% VAT.