THE SPA

DUBAI POLO & EQUESTRIAN CLUB Rest, Relaxation & Rejuvenation





DUBAI POLO & EQUESTRIAN CLUB

Spa Treatment

Explore a new kind of spa experience within a unique setting of Dubai Polo & Equestrian Club. Awaken your senses & feel re-energized with a variety of indulging treatments. Experience the mix of ingredients that not only enhance your natural glow but also wipe away the stresses & strains of daily life.

Benefit from our award-winning, luxury skincare brand, Natura Bisse, known for its scientifically-tested products, our treatments are designed to fight skin aging & dullness. the traditional therapies from different cultures.

These products provide you with treatments in the instant results, without causing the skin any disturbance. The treatments are the solution to various skin needs, combining the most avant-garde trends with technological innovation and the traditional therapies from different cultures.

We use the most appropriate tools & always approach from a perspective of excellence. Our goal is to offer the effectiveness of aesthetic techniques & the wellbeing of an urban spa experience.

FACIAL TREATMENT

The 3D Collagen Shock (75 mins)

AED 685

Sculpts | Firms | Tightens.

Remodeling & firming treatment that sculpts & defines your facial contour improves skin density & preserves moisture. This innovative facial provides an excellent lifting effect while revealing incredibly supple & plump skin.

The Cure (75 mins)

AED 685

Detoxifies | Restores | Hydrates.

A proper antidote against the ravaging effects our modern lifestyle has on our skin. This deep cleansing facial includes an innovative enzymatic detox & steam to open & purify pores, as well as a meticulous extraction process, revealing extraordinarily soft & radiant skin.

The Bespoke Facial (60 mins)

Purifies | Brightens | Balances | Revitalizes | Stimulates | Firms | Soothes | Comforts | Calms

This essential customized facial treatment experience re-energizes cellular function & reveals perfectly hydrated skin. The revitalizing power of Natura Bisse will decongest & brighten a dull complexion restoring clarity & a healthy glow. An antioxidant treatment that restores vitality to sun-damaged skin & helps minimize the signs of premature aging, stimulate collagen production & renew skin firmness or rebuild skin tolerance, visibly reduce sagging & reverse micro inflammation which causes premature aging. Specifically designed to reinforce the skin instantly, this tailored facial is a serious answer for hypersensitivity & rosacea

The Express Facial (30 mins) Cleanses | Hydrates | Calms

AED 330

A revitalizing treatment to rejuvenate skin without exfoliation; ideal for all skin types. Perfect before that special date or as an introduction to facial protocols.





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BODY MASSAGE

Swedish Massage (60/80 mins)

AED 515/745

A combination of medium pressure & specific movements for each area of the body. With a concentration on the major muscle groups, it relieves tension & improves skin firmness and elasticity.

Aromatherapy (60/80 mins)

AED 515/745

Aromatherapy is one of the most effective way to relax & balance your inner self. It helps to clear your mind & make space for new ideas & positive thoughts. Aromatherapy is an amazing combination of essential oils & relaxing massage. It helps eliminate anxiety to reach a state of peace & balance.

Deep Tissue Massage (60/80 mins)

AED 515/745

This massage helps eliminating the excess lactic acid & to regenerate tired & tight muscles, with an emphasis on leg & back areas. Combine with strong pressure is an invigorating stretching to help loosen tightened muscle & improves flexibility.

Balinese Massage (60/80 mins)

AED 515/745

This holistic massage uses a combination of gentle stretches, acupressure, reflexology & aromatherapy to stimulate the flow of blood, oxygen & energy around your body, to bring a sense of calm & deep relaxation.

Hot Stone Massage (90 mins)

AED 750

While all types of massage can help relieve pain caused by tense muscles, hot stone massage may provide greater relief if muscles are extremely tight or stiff. The heated stones provide the extra relaxation you need in releasing tension & easing sore muscles.

Reflexology Therapy (90 mins)

AED 450

Diagnostic pressure point massage of the feet, which helps to stimulate reflex points corresponding to different body organs & systems & promote a healing effect throughout the body.

De-Stress Back Massage (30/60 mins)

AED 330/515

back massage effectively relieves pain as well as increases range of movement, breaks down scar tissue & maintains healthy muscles.

Head & Scalp Massage (30 mins)

AED 330

A combination of pressure point movements to promote healthy hair growth, relieve headaches and enhance mental clarity.

Foot & Ankle Massage (30 mins)

AED 330

Helps relieve stress and stimulate circulation with this foot and ankle treatment.





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BODY TREATMENTS

Detox Marine Essence (60mins)

AED 480

Detoxifies | Regenerates | Hydrates.

Polish away dead skin cells while marine algae hydrate detoxifies & firms the body.

Skin Enhancer Scrub (30mins)

AED 330

Exfoliates | Softens | Renews.

Salt Crystals are rich in therapeutic minerals effectively eliminate dead skin cells, leaving the skin smooth, soft & nourished or the citric exfoliation that revitalizes & br

For Bookings, please call

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